

February 8, 2026

Fifth Sunday in Ordinary Time

Catholic Communities of

St. Mary's Holy Family and St. James

Parish Contact Information



Father Doug MacDonald, Pastor, 902-836-3609

Fr. Doug's weekly day off is Wednesday

Website: www.holyfamilystjames.ca

St. James Parish Contacts:

Parish Council Chair: Adrien Wedge 902-432-0229

Property and Finance Chair: Paul Brown 902-432-4704

Treasurer: Lorraine Mulligan 902-439-3107

Cemetery Committee: John MacIssac 902-439-0740

KENSINGTON & AREA CHRISTIAN COUNCIL: Betha Campbell bertha.campbell@gmail.com

Music Ministry: Carrie Rogers 902-439-1430

Prayer Ministry: Please call Debbie Gallant 902-836-5436

Liturgical Schedule: Lorraine Mulligan 902-439-3107

St. Mary's Holy Family Contacts:

Parish Council Chair: Mary Pendergast 902-888-9542

Property and Finance Chair: Kenny MacLellan 902-432-0541

Cemetery Committee: Gilbert Arsenault, Don Evan, Kenny MacLellan

KENSINGTON & AREA CHRISTIAN COUNCIL: Paula Aylward 902-439-3487 Lynn Croken lynncroken@hotmail.com

Music Ministry: Mary Pendergast 902-888-9542

Prayer Ministry: Please call Debbie Gallant 902-836-5436

Liturgical Schedule: Denise Jakubiak 902-303-0025

Pastoral Secretary: Joanne McCarvill 902-836-5029

To receive Bulletin via email please email smhfsj17@gmail.com

The Diocesan Misconduct Advisory Team has been established for action related to complaints of misconduct or sexual abuse. The Misconduct reporting telephone number is 902-892-1252.

Mass Intentions are welcome

There are Mass cards for this purpose on the usher's table. Cards may be given directly to Fr. Doug, mailed to the parish, or put in with the collection and Lorraine or Joanne will see that Fr. Doug receives the request.

Weekday Masses February 9-13, 2026, Monday at 9am,

Tuesday at 6:30pm, CWL meeting begins at 7pm, Friday at 9am – Holy Family

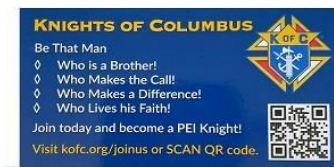
Sunday February 15, 2026, Mass Intentions:

9:00am Holy Family – Owen and Mary Kelly

10:30am St. James

Weekday Mass is cancelled if there is a funeral.

Confessions before/after weekday Mass or by appointment.



Knights meet at Holy Family Church on the **first Monday** of the month at 7:00pm with Mass at 6:30pm.



CWL meets at Holy Family Church on the **second Tuesday** of the month at 7:00pm with Mass at 6:30pm
All women 18+ welcome.

Sunday, February 15, 2026

Lector: Marleen Clark

Eucharistic Minister: Walter Arsenault

Welcoming Ministry: KofC members

Usher: Ivan Gallant

Sunday, February 22, 2026

Lector: Confirmation Candidates

Eucharistic Minister: Dorothy Peters

Welcoming Ministry: Confirmation Candidates

Ushers: Confirmation Candidates

LAST WEEK'S COLLECTIONS AND DONATIONS

ST. JAMES PARISH: \$505.00

ST. MARY'S HOLY FAMILY PARISH: \$2,126.45 cash \$250.00 direct deposit



Thank you for your generosity and continued support.

If you would like to send your donation by E transfer, please
Email: smhfsj17@gmail.com

Bulletin announcements are to be sent to smhfsj17@gmail.com or phone Joanne at 902-836-5029. Announcements are due no later than Wednesdays at Noon.

Parish and Community News

February, at a Glance

February 7, following 9am Mass	Confirmation Class
February 9, 6:30PM Holy Family	Synod group meets All Welcome
February 10, 7:00PM Holy Family	CWL meeting All women 18+ Welcome
February 18, 7:30AM Holy Family	Morning Mass for Ash Wednesday
February 18, 6:30PM Holy Family	Evening Mass for Ash Wednesday
February 22, 9:00AM Mass	Confirmation Mass as Class'
February 23, 7:00PM Holy Family	Kensington & Area Christian Council meeting
February 26, 6:30PM Holy Family	To establish a joint Parish OutReach Program – All Parishioners Welcome

CWL Members are asked to pay their dues of \$32.00. For your convenience there is an envelope in your boxed set of envelopes for this purpose. If you do not use these envelopes, you may pay your dues directly to Cecile or put them in an envelope with your name on the outside for Cecile to register your membership.

Mass Cancellations When school is cancelled for the day due to weather conditions, the weekday Mass will be cancelled. This will allow those who clean the roads, streets, sidewalks and steps to do their work without worrying about traffic impeding what they need to do.

Ash Wednesday Masses will be held at St. Mary's – Holy Family Church at 7:30AM February 18th (a short Mass with distribution of ashes to allow those who work and attend school to do so) and 6:30pm in the evening. Ashes will be distributed at St. James Parish at the Sunday morning 10:30am Mass on February 22nd for those unable to attend on Ash Wednesday.

An Outreach Committee meeting will be held at St. Mary's – Holy Family Church on Thursday, February 26th at 6:30pm to investigate whether there is interest from parishioners of St. Mary's – Holy Family and St. James Parishes to distribute Holy Communion to the sick and shut-in and to offer home visits to those unable to attend Masses and activities that take place throughout the year. Interested persons are invited to attend a short meeting to brain-storm possibilities of an Outreach Committee beginning for our parishes.



Under the Spire 30th Anniversary Commemorative 2026 calendars

Are available at 33% discount – now \$20, taxes still included but without a tax receipt. Calendars are available through the website www.underthespire.ca or at Kensington locations: Mike's Independent and Ruby's Counter.

Margate Pastoral Charge is hosting a games afternoon on February 21 (storm date February 28) from 1:30 to 4 at Southwest River United Church. Come along and bring a friend or two for some fun and fellowship. If you have a favourite game, bring it along to share with others. Light refreshments will be served. Looking forward to seeing you all there.

News from the Diocese

A Series of Mini Retreat evenings on Zoom will begin on **Monday, February 9 from 6:30-8:15 pm** with facilitator Lynn Delong. The February 9 Theme is **God's Love for Me**. Following retreat evenings are on February 23, March 9 & 23 and April 27. Contact lynndelong284@gmail.com. These sessions are offered through Martha Spirituality Centre.

Strengthen your Sacrament of Marriage through prayer, meaningful dialogue, and renewal on a weekend marriage retreat with **Worldwide Marriage Encounter**. Two

retreats will be held this year: **May 1–3** and **October 16–18**. For details, contact Ron and Joanne at (506) 451-8489 or ron.joanne.arsenault@wwme.org.

Cor Christian Counselling is welcoming new clients in 2026! We're a private counselling practice in Charlottetown with in-person and virtual options available. We serve individuals and couples facing a variety of challenges, including depression, grief, anxiety and relationship issues. Using evidence based therapeutic practices, **we encourage you to move forward in your mental health and faith journey**. Sessions are confidential and tailored to your needs. To learn more or book a **Free Exploratory Call**, visit our webpage at corchristiancounselling.ca or reach us by phone at 902-394-0236 or email at info@corchristiancounselling.ca

WORLD DAY OF PRAYER 2026 Please join us for the World Day of Prayer, a prayer movement that invites us to enrich our faith experience through the life events of Christians from other countries and cultures, and to bring hope to women touched by injustice. The 2026 service was written by the Nigerian World Day of Prayer committee. This year's theme is "I Will Give You Rest: Come – Matthew 11:28-30." Date: Friday, March 6, 2026 at 2:00 p.m at Holy Redeemer Church, 3 Pond Street, Charlottetown. More information is available by contacting Linda Dennis at lmakuch.dennis@gmail.com or 902-394-0818. The World Day of Prayer is coordinated by the Women's Inter-Church Council of Canada.

Reflection

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Fr. Doug shares an excerpt with us this week from Living Liturgy Workbook 2011:

In the gospel this Sunday Jesus uses the examples of salt and light to help us understand how vital it is for us to be faithful to who we are. We are salt – we enhance others; we are light – we shine for others. Yet, eaten by itself, salt is bitter; it is meant to be in relation to something else; for example, to meat as a preservative, to food as a flavour enhancer. A lighthouse beacon shines, but it fulfills its purpose most clearly when it is seen by crew members of a ship and guides them safely home. The underlying message of these metaphors is that who we are as disciples always finds its deepest meaning in who we are in relationship to God and others. Just as salt and light are no good in and of themselves, so the good that disciples do is measured in their relationship to others. Discipleship is for the sake of others.

We can be faithful instruments – salt and light – when, as the disciples in the gospel did, we listen to Jesus and allow him to guide us.